



Lawful Notice of Liability (NOL)

Issued by: Sheena Alexandra, living woman, U.S. Citizen

To: **Jaap Mennink**

Property Address: 54 Laan van Zuilenveld, 3611AJ, Oud Zuilen, Netherlands

Date: **June 24, 2025**

INTRODUCTION

This Notice of Liability is issued to Jaap Mennink regarding the unlawful withholding of personal property, defamation, emotional and psychological abuse, perversion of justice, and actions resulting in wrongful detainment and forced medical intervention, otherwise known as 'medical kidnapping'.

FACTUAL BACKGROUND

In December 2024, I entered into an Airbnb contract for your residence in the Netherlands, which lasted through February 2025.

During this period, with your explicit agreement, I moved my personal belongings into the designated room at your property, as you welcomed me into the community under the verbal agreement that I would serve as [The American Au Pair](#). This arrangement included clear, agreed-upon chores and designated hours each day that I would contribute to supporting the community and maintaining the property.

With this understanding in place, I traveled to Thailand for three months, while you agreed to safely store my belongings at the property.

Upon returning to the Netherlands, I resumed living at the property, participating in the community, and fulfilling the agreed-upon chores and responsibilities as discussed prior to my departure.

Despite acting in full accordance with our agreements, within mere days of my return, you falsely accused me of trespassing. At no point did you provide lawful notice of dispute, termination of agreement, or request for me to vacate.

Instead, you contacted the police under false pretenses, resulting in my wrongful arrest. During my

arrest, I explicitly expressed a desire for peace, harmony, and remedy.

Despite this, you manipulated the situation, conversed with Sue, and orchestrated my forced detainment under false medical pretenses, constituting medical kidnapping.

You withheld my belongings, denied my right to peaceful resolution, and contributed to escalating this matter without cause or lawful justification.

It is important to note that my presence at your property was also connected to business operations and PRIVATE foundation matters that are protected under charter and privacy agreements. I was denied the ability to peacefully pack my belongings or secure sensitive materials, resulting in not only personal harm but also professional and organizational consequences.

In addition, your unauthorized handling and control of these private items constitute a further violation of my rights, privacy, and property, and have directly contributed to both personal and professional harm.

PATTERN OF ABUSE AND DEFAMATION

You engaged in a pattern of manipulative and harmful behavior, including:

- **Verbal abuse in front of community members (Amy, Samira).**
- **Theft and unlawful retention of my computer and other belongings.**
- **False statements regarding my mental health and legal status.**
- **Initiating police and medical intervention under deceptive pretenses.**

These actions caused material loss, emotional harm, and reputational damage, violating both Dutch and international human rights law.

WITNESSES

****Wren**** - I was denied the ability to ask for his witness to our agreed plan through documentation.

****Amy and Samira**** - witnessed verbal abuse in the hallway over the spilled soup.

****Mark**** - witnessed the crimes of you stealing my computer and not allowing me in the dining hall.

****Yoris**** - witnessed my wanting to document and form a formal agreement so no other abuses can occur.

****Bibi, Rosa, Doutha**** (your three daughters) - witnessed the community breakdown, from our shared time together to the false accusation of trespassing.

****Petra**** - was copied on every text, voicemail, and communication regarding my mental state and the abuse I experienced throughout this situation.

*(** The full legal names and, where applicable, the correct spelling of the witnesses listed above will be included in finalized documentation to ensure accuracy and full lawful standing..**)*

LAWFUL DEMANDS

I hereby lawfully demand:

- 1. Immediate, peaceful return of all personal belongings, undamaged.**
- 2. Financial compensation for:**
 - Temporary accommodation and transport costs.
 - Business disruption and time lost.
 - Emotional distress and psychological harm.
- 3. Written retraction of false statements provided to authorities and the community.**
- 4. Cease and desist from any further defamatory or harmful actions.**

NOTICE OF ESCALATION

Failure to comply with these lawful demands within 72 hours of receipt of this Notice will result in the following actions:

- **Public exposure of this matter.**
- **Legal action under private and public law, including liens and financial claims.**
- **Formal complaints to the local police and abuse organisations.**
- **Escalation to the U.S. Embassy and other diplomatic channels.**

CLOSING

This Notice is issued with honor, without prejudice, and under my lawful standing as a living woman. You are hereby held personally liable for the harms, losses, and unlawful actions detailed above.

Respectfully,

Sheena Alexandra

Living woman, U.S. Citizen Sovereign advocate and educator in lawful remedies and private jurisdiction affairs; with experience supporting community-led justice initiatives and common law education for the peaceful protection of rights and remedies.